



# **SAOA REGISTRARS' CONGRESS 2018**

Hosted by:

**University of Pretoria  
Department of Orthopaedics**

15 – 17 February 2018

Irene Country Lodge

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15 February 2018

Breakfast and Registration: 07:00 – 08:50

Session 1: Trauma – Chairman Prof M Ramokgopa

Time	Topic	Presenter	University
09:00 – 09:10	Opening and Welcome	Dr G. Davis	Congress Chairmen UP
<b>09:10 – 09:20</b>	<b>SAOA Address</b>	<b>Dr P. Makan</b>	<b>SAOA President</b>
<b>09:20 – 09:30</b>	<b>College of Medicines Address</b>	<b>Prof R. Dunn</b>	<b>CMSA President</b>
09:30 – 09:50	Periprosthetic Hip Fractures	Dr Ndou	WITS
09:50 – 10:10	Thoracolumbar Trauma: Who Should We Operate	Dr A. Alexander	UP
10:10 – 10:30	Paediatric Elbow Injuries	Dr I. Swart	UFS
<b>10:30 – 11:00</b>	<b>Keynote: An Approach to Subaxial Spine Trauma</b>	<b>Dr L. Bomela</b>	<b>UP</b>

Tea Break: 11:00 – 11:30

Session 2: Basic Sciences – Chairman: Prof N Ferreira

Time	Topic	Presenter	University
<b>11:30 – 12:00</b>	<b>Keynote: Current Concepts in Limb Deformity Correction</b>	<b>Dr J. Viljoen</b>	<b>UP</b>
12:00 – 12:20	A Simplified Approach to Biostatistics	Dr R. Venter	US
12:20 – 12:40	Thromboprophylaxis in Orthopaedics	Dr J. Joubert	SMU
12:40 – 13:00	The Principles of External Fixation	Dr M. Rankin	UKZN
13:00 – 13:20	An Approach to Bone Defects	Dr J. Charilou	UCT

Lunch Break: 13:20 – 14:00

Session 3: Spine – Chairman Prof T Mariba

Time	Topic	Presenter	University
<b>14:00 – 14:30</b>	<b>Keynote: The Role of Surgery in Low Back Pain</b>	<b>Dr T. Kruger</b>	<b>Private</b>
14:30 – 14:50	Cervical Myelopathy	Dr W. Oosthuizen	WSU
14:50 – 15:10	Spondylosis and Spondylolisthesis	Dr M. Manjra	UP
15:10 – 15:30	Metastatic Spine Disease	Dr Y. Maunick	UKZN

Tea Break: 15:30 – 15:50

Session 4: Shoulder and Elbow – Chairman: Dr C Blake

Time	Topic	Presenter	University
<b>15:50 – 16:20</b>	<b>Keynote: Shoulder Arthroplasty</b>	<b>Dr H. Sithebe</b>	<b>UP</b>
16:20 – 16:40	Shoulder Instability	Dr C. Bezuidenhout	UCT
16:40 – 17:00	Overuse Injuries around the Elbow	Dr S. Dlamini	SMU
17:00 – 17:20	Acromioclavicular Joint Injuries	Dr G. Van Staden	UFS
<b>17:20 – 17:50</b>	<b>X-Ray Session – Trauma</b>	<b>Prof M. Ramokgopa</b>	<b>WITS</b>

Dinner and Social: 18:15

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Breakfast: 06:45 – 07:30

Session 5: Hand – Chairman Dr M Sathekga

Time	Topic	Presenter	University
<b>07:30 – 08:00</b>	<b>Keynote: An Approach to Congenital Deformities of the Upper Limb</b>	<b>Prof U. Mennen</b>	<b>Private</b>
08:00 – 08:20	Thumb Carpometacarpal Arthritis	Dr M. Grundill	WSU
08:20 – 08:40	Compression Neuropathies of the Upper Limb	Dr E. Britz	US
08:40 – 09:00	How to Adequately Manage Hand Sepsis	Dr I. Egbunike	WITS
09:00 – 09:20	Tendon Repairs: How to Ensure Success	Dr N. Kruger	UCT

Tea Break: 09:30 – 10:00

Session 6: Hip – Chairman: Dr S Matshidza

Time	Topic	Presenter	University
<b>10:00 – 10:30</b>	<b>Keynote: Joint Preservation Surgery</b>	<b>Dr C. Snyckers</b>	<b>Private</b>
10:30 – 10:50	An Approach to Acetabular Protrusion	Dr W. Steenkamp	SMU
10:50 – 11:10	Current Concepts in Osteonecrosis of the Hip	Dr V. Mahlangu	WSU
11:10 – 11:30	Choosing Bearing Surfaces in Hip Arthroplasty	Dr J. Le Roux	US
<b>11:30 – 12:00</b>	<b>OSCE Simulations</b>	<b>Dr L. Marais</b>	<b>UKZN</b>

Lunch Break: 12:00 – 13:00

Session 7: Foot and Ankle – Chairman Prof N Gibson

Time	Topic	Presenter	University
13:00 – 13:20	Stress Fractures Around the Foot and Ankle	Dr A. Balasubramanian	UKZN
13:20 – 13:40	Treatment of Syndesmotic Injuries	Dr S. van Deventer	WITS
13:40 – 14:00	Osteochondral Lesions of the Talus	Dr A. Mthembu	UP
14:00 – 14:30	Smith & Nephew Travelling Fellows	Dr M. Manjra Dr M. Potgieter	UP US

Tea Break: 14:30 – 15:00

Session 8: Knee – Chairman: Dr B Garret

Time	Topic	Presenter	University
<b>15:00 – 15:30</b>	<b>Keynote: The Controversy of the Unicompartmental Knee Replacement</b>	<b>Dr S. Sombili</b>	<b>UP</b>
15:30 – 15:50	Chondral Defects of the Knee	Dr JJ. Oosthuizen	UFS
15:50 – 16:10	Arthroplasty in Angular Deformities of the Knee	Dr M. Potgieter	US
16:10 – 16:30	Treatment Options for Posterolateral Corner Injuries of the Knee	Dr Z. Moonda	UCT
<b>16:30 – 17:00</b>	<b>X-Ray Session – Reconstruction</b>	<b>Dr S. Matshidza</b>	<b>UFS</b>

Dinner and Social: 18:00

17 February 2018

Breakfast: 06:45 – 07:30

Session 9: Paediatrics – Chairman Dr A Horn

Time	Topic	Presenter	University
<b>07:30 – 08:00</b>	<b>Keynote: The Orthopaedic Specialist in Cerebral Palsy</b>	<b>Dr M. Visser</b>	<b>Private</b>
08:00 – 08:20	Developmental Dysplasia of the Hip	Dr G. Conradie	UFS
08:20 – 08:40	Blount's Disease	Dr A. Ashkal	UKZN
08:40 – 09:00	Approaching the Short Stature Child	Dr S. De Villiers	WSU

Tea Break: 09:00 – 09:30

Session 10: Musculoskeletal Disease and Tumours – Chairman: Prof M Ngcelwane

Time	Topic	Presenter	University
<b>09:30 – 10:00</b>	<b>Keynote: Approaching a Musculoskeletal Tumour</b>	<b>Dr D. Frantzen</b>	<b>Private</b>
10:00 – 10:20	Multiple Myeloma	Dr T. Ncube	WITS
10:20 – 10:40	Osteoporosis: What Should We Be Doing?	Dr T. Maboke	SMU
10:40 – 11:00	Skeletal Manifestations of Autoimmune Disorders	Dr O. Mudau	UP
<b>11:00 – 11:30</b>	<b>X-Ray Session – Pathology</b>	<b>Dr J. Viljoen</b>	<b>UP</b>

Feedback and Prize Giving: 11:30 – 11:50

Closing Address: 11:50 – 12:00

Lunch Break: 12:00 – 13:00

Departure: 13:00 – 14:00